Test sheet for Kyokushin Full Contact Judge

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade: \_\_\_\_\_\_\_

Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ @ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What are the dimensions of the match area?
2. How long is a bout?
3. List 5 ways an individual bout can be determined:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. List the 3 ways a fighter can score an ippon (full point) and victory:
5. Why should a contestant be given a waza-ari and not an ippon if that contestant knocked down his/her opponent?
6. If a contestant has lost the will or ability to fight what is awarded?
7. If a contestant is hit with a legal technique that causes them to partially fall and place a part of the body (other than feet) on the floor for support but they are ready to fight within 3 seconds, what is awarded?
8. If a contestant is hit with a legal technique that causes them to lose balance for less than 3 seconds, what is awarded?
9. If a competitor breaks off fighting, because he/she has been hit, and returns to his/her starting spot without the referee calling “yame”, he/she is liable to have what awarded against him/her?
10. At the end of the bout when no ippon has been scored, victory is awarded by?
11. If there has been no score but white has had a genten awarded against them, who wins?
12. If both competitors have scored a waza ari but one competitor also had a genten, who wins.
13. If the match has finished and there has been no score or the scores are even, list some of the criteria a judge may use to decide the winner?
14. List foul techniques:
15. List 4 ways a contestant can be disqualified:
16. What do the following terms mean in relation to penalties?

Private warning

Chui

Genten

2 Chui’s

2 Genten

1. What do the following terms mean?

Shomen Ni Rei

Sushin ni Rei

Otagai ni Rei

Kamaeta

Hajime

Yame

Zokko

Ganmen-kogeki

Tsukami

Shotei Oshi

Kinteki Oshi

Zutsuki

1. Is strapping allowed to be used by contestants?
2. Who can object to overstrapping?
3. The final decision in relation to over-strapping shall rest with the?
4. Can a fighter strap over a part of the body that is used to strike?
5. What may a fighter do if they have a cut or grazed knuckle?
6. If a competitor is injured but wants to continue and his/her coach wants them to continue but the tournament doctor says they cannot continue, what happens.?
7. Describe the following flag signals:

Waza ari

Ippon

Nothing happened

I did not see

1. If a competitor is knocked to the floor with a legal technique and is obviously unconscious or incapacitated what is the first action of a judge?